What is Stop and Watch?

An early warning communication tool that Certified Nursing Assistants (CNAs) or any other personnel (housekeeping, dietary, family members, volunteers) can use to alert a nurse if they notice something different in a resident’s daily care routine.

When should Stop and Watch be used?

Any time a change in condition is identified while caring for or observing a resident.

How to use Stop and Watch:

PAPER: Circle the change, write the name of the resident along with your name, and alert a nurse. Give the nurse a copy of this tool or review it with her/him and place a copy of the tool in the facility's designated area.

ELECTRONIC: Document the change in condition per your facility's policy and procedure and verbally inform the nurse.

Why use Stop and Watch?

- Promotes communication with other team members
- May prevent a hospital transfer and improve the overall level of care
- Improves resident safety

Make sure that Stop and Watch is complete:

Circle the change that is most closely related to the change you observed.

If using the paper form, it should be signed by a person reporting a change in condition and by the nurse receiving the information.